

IRVINE TRACK & FIELD All-Comers Meet 1/20/18

IRVINE HIGH SCHOOL
OPEN MEET TO ALL AGES

AT

IRVINE HIGH SCHOOL'S ALL WEATHER TRACK
3/16" PYRAMID SPIKES OF LESS ARE REQUIRED

Cost: 10 Dollars for unlimited entries, 3 dollars for spectators (Under 4 Free)

TIME SCHEDULE IS ROLLING BASED ON THE NUMBER OF ATHLETES IN EACH EVENT AND WILL PROGRESS AHEAD OF SCHEDULE IF POSSIBLE

Running Events (Stadium will open at 7:00am. 1st event starts at 9:00am)

SoCal Timing will provide FAT Timing

1500 meters

60m Hurdles

60m Dash

600 meters

Sprint Medley Relay (100-100-200-400)

4x800 meter relay

300 meters

3000 meters

4x200 meter Relay

Field Events (1st Event starts at 9:00am)

Long Jump—Open Pit 9:00-11:00am (4 Jumps)

Triple Jump—Open Pit 11:00am-1:00pm (4 Jumps)

High Jump —Girls 9:00am, Boys to follow Girls (Starting Heights: Girls 3'10", Boys 4'7")

Shot Put—Boys 9:00am, Girls to follow Boys (4 Throws)

Pole Vault*—Open Pit (Start at 6' and raised every 6 inches Boys/Girls)

***min standards will apply in these events**

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DIRECTIONS: 5 FWY SOUTH TO CULVER / RIGHT TO WALNUT/ LEFT TO SCHOOL

PARKING: Parking is available in the stadium parking lot. Additional parking is located on Escolar

WEATHER: MEET WILL RUN RAIN OR SHINE!

Please note: A rolling time schedule will be used for all events; athletes must follow the progress of the meet. For more information on the California Track & Field Winter Championships and how to qualify, [Click Here](#)